

The 'Living with Joy' Retreat



Meditation, Yoga and Raw Food

Kep, Cambodia July 6th – 11th 2014

Spend 5 nights & 6 days in the peaceful surrounds of the

The Vine Retreat, an ecological guest house and organic farm.



Join Julie Sexton on a spiritual growth & wellness adventure, cleansing and purifying your body, mind and soul, raising your consciousness, discovering more of your potential and connecting with your higher self.

Daily meditations from Orin's 'Living with Joy' course, channelled by Sanaya Roman, will assist you to open your heart, change negatives into positives, increase your sense

of aliveness and well-being and live in higher purpose.

\$750 includes

- ॐ accommodation,
- ॐ all delicious & creative Raw Food meals
- ॐ transport to and from Phnom Penh,
- ॐ daily yoga,
- ॐ the transformational Living with Joy course and book & 30 min energy healing session.



www.orindaben.com

Contact Julie @ info@thejoyfulbuddhas.com / Ph: 8552 8229 or 0488997692

ALL PROFITS WILL GO TOWARDS BUYING A CAMBODIAN FAMILY A HOME.