



**1.) SHAMANIC CACAO CEREMONY SOUND JOURNEY – Thu March 8th - 7pm**  
**WHALERS INN, 121 Franklin St, Victor Harbor, SA**  
**TICKETS \$35 Presale, \$40 on the Door - Bookings Preferred**  
To reserve your place: P: 0417504476 / E: [info@jayhoad.com](mailto:info@jayhoad.com)

**2.) ADELAIDE FRINGE FEST IN VICTOR - Fri March 9th - FREE ENTRY!!**  
**Hotel Victor with USA Trumpet Player Jim Miller**

After a huge few weeks performing 12 shows at the Tamworth Music Festival in NSW, internationally renowned music therapist and multi-instrumentalist **Jay Hoad** is coming back to SA for the Adelaide Fringe Festival and heading to Victor Harbor in March for some very contrasting events.

On **Thursday March 8th** Hoad will be running a **Shamanic Cacao Ceremony Sound Journey** in Victor Harbor, combining Imported Mayan Cacao with Shamanic Sound Therapy, Intimacy and Inner Union, Tantra, Guided Meditation, Breathwork, and Fire Ceremony. This will take place at Whalers Inn on the Bluff from 7pm and run for approximately 120 minutes. Bookings preferred as the cacao is prepared and intentions set for each person attending. Tickets are \$35 presale, or \$40 at the door.

Hoad will also be performing 1 huge party style show with 17 instruments on stage in Victor Harbor for the Adelaide Fringe Festival this year at the **Hotel Victor on Fri March 9th** and will be joined by internationally acclaimed **USA Trumpet player Jim Miller** who is coming to Australia for 10 days also for this years Fringe, this will be the only chance to catch the duo for 2018 and the show is **FREE ENTRY!**

Hoad has recently returned to Australia after touring Thailand, Fiji and India with his unique “one man band” show and continuing his studies in Kundalini Energy, Yoga, White Tantra and Music Therapy as well as running his own classes on inner union (masculine/feminine energy balance), intimacy, higher purpose discovery and sound healing.

Says Jay, “Really excited to be bring the Cacao Journey experience to SA for the first time, they have been working so well in other parts of the world and I feel the people of SA will absolutely love this very unique experience. People are often confused about what pure cacao actually is (as opposed to off the shelf style cacao or chocolate). Basically, brands of chocolate such as Cadbury are missing 99% of the 1200 active components of ceremonial cacao. Even the slightly purer blends of chocolate such as Lindt are still missing around 80%. Processing, preparation temperature, ingredients, and hybridization all contribute to this. The cacao we are importing to Australia is 100% ceremonial grade raw cacao imported from Guatemala and we carefully prepare the cacao with love and ritual throughout the day of the ceremony, combining herbs, spices and natural raw sweeteners to transform this bitter cacao into a luxurious delicacy that is somewhat of a silky liquid warm chocolate drink that is absolutely delicious!

Cacao has been used as a health elixir and ceremonial medicine dating back to 1900BC, documented as being used by the Ancient ancestors of the Olmec people from Central America. Later it was used as a ritualistic medicine by the Mayan and Aztec cultures. All vitamins and minerals found in cacao are also produced naturally in the human body and perform essential functions, although these days external factors such as pursuing busy lifestyles and following a western diet heavily diminish these chemicals in our natural state. The intake of ceremonial cacao can be considered to allow somewhat of a reset to connect with our natural state of being.

The effect of cacao is known for generating somewhat of a gentle expansive feeling, assisting with deeper connection, unlocking spiritual channels, releasing negative emotions, and most importantly opening the heart chakra. It has been said that on a spiritually level cacao may show you the door but never push you through it, and when we combine this ancient tradition with the frequencies and pulses from instruments such as Didgeridoos, Medicine Drums, Cosmic Tone drums, etc. (Music Therapy) it really deepens the experience, the euphoric possibilities and the inner connection.” This will be the last opportunity to catch Hoad in Victor Harbor for 2018 as he leaves SA a few weeks after these shows with all interstate and overseas tours booked for the rest of 2018 so don't miss out!

**For inquiries and reservations call or text: P:0417504476 E: [info@jayhoad.com](mailto:info@jayhoad.com)**  
**For all shows/workshops, etc. see [www.jayhoad.com](http://www.jayhoad.com)**