



**GOLDSBOROUGH**

FINANCIAL SERVICES  
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2nd March 2011

Julie Sexton  
The Joyful Buddhas  
34 McKinley Street  
VICTOR HARBOR SA

Dear Julie

Thank you so much for the wonderful session you ran for our recent staff conference at Victor Harbor.

The workshop was a great success and I would highly recommend The Joyful Buddhas to any organisation that is planning a training day or conference. You listened to our objectives and tailored a workshop in content that ensured everyone was able to participate and learn.

I didn't imagine I would see each and every one of us joining in the dancing and laughing without inhibition - even the most self-conscious! Afterwards we were all very relaxed and several of the staff commented to me that they could immediately feel an improvement in their aches and in their flexibility.

It made it very easy for me that you were able to come to the conference centre to run the session and bring all of the equipment and other items you needed with you.

Thanks again,

**Susie Vincent**  
Chief Operating Officer