



70 Ocean Street,  
Victor Harbor

(08) 8552 8229

**MEMBERSHIP**

\$110 Monthly

Attend unlimited class sessions, plus receive 20% off all treatments, 10% off all courses & workshops and 5% off all products.

**CLASS PASSES**

Can be used for all sessions

\$70 for 5-class pass

\$135 for 10-class pass

**YOGA**

\$16 casual visit

**MEDITATION**

\$15 casual visit

**MINDFUL MUAY THAI**

\$15 casual visit

[www.thejoyfulbuddhas.com](http://www.thejoyfulbuddhas.com)  
[info@thejoyfulbuddhas.com](mailto:info@thejoyfulbuddhas.com)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.30am					Yoga		
8.00am		IYENGAR Yoga					
9.30am				Yoga	Yoga	Yoga	
10.30am			Yoga				
12.15pm	Yoga		Meditation				
4.15pm	Teens Mindful Muay Thai						
5.30pm			YIN Yoga				
6.00pm	Yoga	BEGINNERS Yoga					Meditation
6.45pm				Yoga			
7.30pm	Adults Mindful Muay Thai						